



Pre treatment advice

Preparation is key

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Hi, I'm Jade!

Thank you for choosing me to do your treatment, I'm super excited to meet you!

In order to achieve the best results possible, there are a few things that I would like to remind you to not do before treatment day.

Please read and follow this guide carefully to ensure the best results.

Please advise me of any medical conditions or medication you are taking prior to treatment.

Patch test instructions

Below are some instructions for you to perform your patch test at home, in order to insure you do not have an allergic reaction to any of the pigment or creams used during the treatment.

You will receive 2 pots via the post, one containing the numbing cream (white substance) and the other containing the pigment (coloured substance).

Please do the patch test as soon as possible as the creams can dry out if left too long, however if they do, you can simply add some water to liquify. Also please do not open the pots to 'have a look' before doing the test as this can make the substances dry out.

- **Step 1:** Place a dot of the each of the numbing cream and the pigment behind each your ear lobes.
- **Step 2:** Leave them on for approx 24 hours.
- **Step 3:** Please contact me if you have had any sort of reaction.

Pre treatment advice

- It is a good idea to book your treatment and top up around any sun holidays you may have booked.
- Please leave 14 days post treatment if you have any MRI scans.
- No wax and tint for 7 days before treatment.
- Please do not have spray tans or use Wunderbrow for 7 days before treatment.
- Do not have Caffeine or Alcohol 24 hours before treatment.
- Please do not have a cigarette the morning of the treatment.
- You cannot have the treatment if Pregnant or Breastfeeding.
- You will need to wait 6 weeks post any surgery to allow your body to heal first. The immune system can only deal with one thing at a time.
- It may be a good idea to wash your hair on the morning of the treatment, as you are not allowed to get your brows wet post-treatment.
- Do not have a heavy exercise session beforehand as your heart rate will be raised and you may bleed.
- If having an eyeliner treatment please come with any false lashes removed. We cannot proceed with the treatment if you still have your false lashes. Also please do not come with any eye makeup on.
- If having an eye treatment, please make sure there are no active Styes or infections or I will not be able to proceed and you will lose your deposit.
- If having a brow treatment, please make sure there are no spots in the brow area as I may not be able to complete the treatment and this will result in a loss of your deposit.
- If having a lip treatment, please make sure there are no coldsores or split lips as I will not be able to proceed and this will result in a loss of your deposit.
- If you fall pregnant between first treatment and top up, you will forfeit your top up. Please advise if you are trying to conceive.

Questions?

If you have any questions or concerns about the pre-treatment advice outlined above, please don't hesitate to get in touch, I'd be happy to answer any questions you might have.



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